

中国举重协会
Chinese Weightlifting Association

AWF Affiliated Member Federations

Beijing, February 15, 2019

INVITATION

Dear President and General Secretary,

2019 Asian Championships will be held from April 18 to 28, 2019 in Ningbo City, Zhejiang Province, China, which is an IWF Gold Qualification Event for 2020 Tokyo Olympic Games.

Ningbo, literally "Tranquil Waves", is a coastal city located in the south of the populous Yangtze River delta and faces the East China Sea, and boasts its beautiful landscaping, a flourishing culture and tasty food.

On behalf of Chinese Weightlifting Association, I would like to invite you and your team to participate in the 2019 Asian Championships as well as the AWF Congress prior to the event in this beautiful city of Ningbo.

Looking forward to welcoming you soon, and wish all athletes a great performance in the event and wish all participants a pleasant stay in China.

Best regards,



ZHOU Jinqiang

President

Chinese Weightlifting Association

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

REGULATIONS

1. Dates and Place

April 18th – 28th, 2019 Ningbo, China

2. Competition Venue& Training Venue

Ningbo Youngor Gymnasium

Address: No. 360 Zhongxing Road, Yinzhou District, Ningbo

Distance from accommodation: 2 km / 7 minutes

3. Accommodation

Pan Pacific Hotel

Address: No. 99, Min'an Dong Road, Yinzhou District, Ningbo, Zhejiang Province, China



Participants must accept accommodation to stay at the official hotel offered by the organizing committee. A minimum stay of 4 (four) nights is required for all participants.

4. Financial Conditions

Single room: USD 140 per person per day, with three meals

Double room: USD 120 per person per day, with three meals

Entry fee: USD 120 per person

Anti-doping Fee: USD 50 per athlete

5. Methods of Payment

All payment shall be paid by cash US dollars upon arrival to the Organizing Committee.

6. Entries, Forms

PRELIMINARY ENTRY

Deadline for Preliminary Entry is **Feb. 28th, 2019**. The preliminary entry must be sent to awc2019@163.com before Feb. 28, 2019.

FINAL ENTRY

Final Entry, Team Accommodation Form, Transportation Form, and Visa Application Form are to be sent as soon as possible, latest by **March 10th, 2019**. Forms must be sent together with **the electronic photo** (3x4, with white background), **and passport copies** before the deadline.

All forms must be sent to the following address: awc2019@163.com

7. Visas

All participants must apply for Chinese visas before entering China. Please fill in the Visa Application Form and return it together with passport copies before March 10th, 2019 to E-mail: awcinvi@163.com

Important note: Visa invitation letter will be processed in a minimum of one week, after which an invitation letter will be sent. Passport expiry date must be after November 1st, 2019.

8. Accreditation

The Accreditation will take place at Pan Pacific Hotel.

NOTE: Check-in is after 14:00, check-out is before 12:00.

9. Anthem

Each Member Federation should bring two (2) national flags sized 100 x150cm and the national anthem on USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

10. Transportation

Shuttle bus will be provided between Ningbo Lishe International Airport/ Ningbo Railway Station, accommodation, meetings, competition/training venue and any other official program:

11. Competition Regulation

The 2019 AWF Asian Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR).

12. Eligibility

Participating athletes must be 15 years of age and over (year of birth 2004 or earlier). With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the IWF Event in question. An athlete who does not comply with this provision is not eligible to compete at this event.

13. Bodyweight Categories

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

14. Awards

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

15. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

16. Barbell

IWF approved barbells will be used during the competition and training.

17. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident/injury issuance by their respective Federations before their departure from their hometown.

18. Temperature

Climate during the proposed period: The average temperature in Ningbo is 12°C ~ 22°C in April.

19. Contact

Asian Weightlifting Federation

P.O. Box 2473, Doha, Qatar

Email: awfederation@yahoo.com and info@awfederation.com

Chinese Weightlifting Association

Ms. MENG Bo (General Contact and visa invitation letter)

Tel: +86 10 67020339 / +86 18510268370

Address: Room 301, Building 10, No. 1, Dongdadi Street, Dongcheng District,
Beijing, China

Email: chinaweightlifting@sports.cn

Local Organizing Committee

Ms. HOU Chunfei (Transportation, accommodation and Entry)

Tel: +86 135 679 24810

Address: No. 2001, Ningchuan Road, Yinzhou District, Ningbo, Zhejiang
Province, China

Email: awc2019@163.com

2019 ASIAN WEIGHTLIFTING CHAMPIONSHIPS, NINGBO CHINA

Agenda

Date	Time	Arrangement	Location
17 th Apr.	All Day	Arrival	Pan Pacific Hotel
18 th Apr.	10:00-12:00	AWF Committee Meeting	Pacific 1A, 1B, 3
	15:00	AWF Executive Board Meeting	Sun Lake
	19:00	Verification of the Final Entries	Sun Lake
19 th Apr.	09:00	Registration for AWF Congress	Tianyi Auditorium
	10:00	AWF Congress	Sun Lake
	16:00-18:00	Anti-Doping and Coaching Seminar	
	19:00	Technical Officials' Meeting	
20 th Apr.	10:00	Men 55/61kg Group B	Ningbo Youngor Gymnasium
	13:00	Women 45kg/49kg Group B	
	16:00	Opening Ceremony	
	18:30	Men 55kg Group A	
	20:30	Men 61kg Group A	
21 st Apr.	10:00	Men 67kg Group C	Ningbo Youngor Gymnasium
	13:00	Men 67kg Group B	
	15:30	Women 45kg Group A	
	18:30	Men 67kg Group A	
	20:30	Women 49kg Group A	
22 nd Apr.	10:00	Men 73kg/81kg Group C	Ningbo Youngor Gymnasium
	13:00	Women 55kg Group B	
	15:30	Men 73kg Group B	
	18:30	Women 55kg Group A	
	20:30	Men 73kg Group A	
23 rd Apr.	10:00	Women 59kg/64kg Group C	
	13:00	Men 81kg Group B	

	15:30	Women 59kg Group B	Ningbo Youngor Gymnasium
	18:30	Men 81kg Group A	
	20:30	Women 59kg Group A	
24 th Apr.	10:00	Men 89kg/96kg Group C	Ningbo Youngor Gymnasium
	13:00	Women 64kg Group B	
	15:30	Men 89kg Group B	
	18:30	Women 64kg Group A	
	20:30	Men 89kg Group A	
25 th Apr.	10:00	Women 71kg/76kg Group C	Ningbo Youngor Gymnasium
	13:00	Men 96kg Group B	
	15:30	Women 71kg Group B	
	18:30	Men 96kg Group A	
	20:30	Women 71kg Group A	
26 th Apr.	10:00	Men 102kg/109kg Group C	Ningbo Youngor Gymnasium
	13:00	Women 76kg/81kg Group B	
	15:30	Men 102kg Group B	
	18:30	Women 76kg Group A	
	20:30	Men 102kg Group A	
27 th Apr.	10:00	Women 87kg / +87kg Group B	Ningbo Youngor Gymnasium
	13:00	Men 109kg Group B	
	15:30	Women 81kg Group A	
	18:30	Men 109kg Group A	
	20:30	Women 87kg Group A	
28 th Apr.	10:00	Men +109 kg Group B	Ningbo Youngor Gymnasium
	13:00	Women +87kg Group A	
	15:00	Men +109 kg Group A	
	19:00	Closing Ceremony	Pan Pacific Hotel
29 th Apr.	All day	Departure	

*Please note that the competition program is subject to changes depending on the entries.

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

PRELIMINARY ENTRY FORM

WOMEN

Weightlifting Federation of _____

	Athlete's name		Date of birth			ADAMS ID	Entry Total	Bodyw. Category
	FAMILY	Given	DD	MM	YYYY			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
R								
R								

	Official's name		Date of birth			Function
	FAMILY	Given	DD	MM	YYYY	
1						
2						
3						
4						
5						

Note:

In order facilitate the registration of the results, the ADAMS ID was inserted into the form.

President or General Secretary

Name:

Date:

Signature: _____

Please return this Form and a Passport copy of each participant to awc2019@163.com before February 28th, 2019!

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

PRELIMINARY ENTRY FORM

MEN

Weightlifting Federation of _____

	Athlete's name		Date of birth			ADAMS ID	Entry Total	Bodyw. Category
	FAMILY	Given	DD	MM	YYYY			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
R								
R								

	Official's name		Date of birth			Function
	FAMILY	Given	DD	MM	YYYY	
1						
2						
3						
4						
5						

Note:

In order facilitate the registration of the results, the ADAMS ID was inserted into the form.

President or General Secretary

Name:

Date:

Signature: _____

Please return this Form and a Passport copy of each participant to awc2019@163.com before February 28th, 2019!

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

FINAL ENTRY FORM

WOMEN

	Athlete's name		Date of birth			ADAMS ID	Entry Total	Bodyw. Category
	FAMILY	Given	DD	MM	YYYY			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
R								
R								

Weightlifting Federation of _____

	Official's name		Date of birth			Function
	FAMILY	Given	DD	MM	YYYY	
1						
2						
3						
4						
5						

Note:

In order facilitate the registration of the results, the ADAMS ID was inserted into the form.

President or General Secretary

Name:

Date:

Signature: _____

Please return this Form and a Passport copy of each participant to awc2019@163.com before **March 10th, 2019!**

2019 AWF ASIAN WEIGHTLIFTING CHAMPIONSHIPS OLYMPIC QUALIFICATION EVENT

Ningbo, China April 18th to April 28th 2019

FINAL ENTRY FORM

MEN

	Athlete's name		Date of birth			ADAMS ID	Entry Total	Bodyw. Category
	FAMILY	Given	DD	MM	YYYY			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
R								
R								

Weightlifting Federation of _____

	Official's name		Date of birth			Function
	FAMILY	Given	DD	MM	YYYY	
1						
2						
3						
4						
5						

Note:

In order facilitate the registration of the results, the ADAMS ID was inserted into the form.

President or General Secretary

Name:

Date:

Signature: _____

Please return this Form and a Passport copy of each participant to awc2019@163.com before **March 10th, 2019!**

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

ARRIVAL FORM

Name of Federation/Association: _____

Contact person and email: _____

№	FULL NAME	Arrival date, time and flight number DETAILS		
		Flight number	Date	Time (pm/am) please indicate pm or am
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

The form shall be sent to awc2019@163.com before **March 10th, 2019!**

President or General Secretary

Name:

Date:

Signature: _____

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 18th to April 28th 2019

DEPARTURE FORM

Name of Federation/Association: _____

Contact person and email: _____

№	FULL NAME	Departure date, time and flight number DETAILS		
		Flight number	Date	Time (pm/am) please indicate pm or am
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

The form shall be sent to awc2019@163.com **before March 10th, 2019!**

President or General Secretary

Name:

Date:

Signature: _____

**2019 AWF ASIAN
WEIGHTLIFTING CHAMPIONSHIPS
OLYMPIC QUALIFICATION EVENT**

Ningbo, China April 17th to April 29th 2019

ACCOMMODATION FORM

Name of Federation/Association: _____

contact person and email: _____

Date	Single Room	Double Room
April 17, 2019		
April 18, 2019		
April 19, 2019		
April 20, 2019		
April 21, 2019		
April 22, 2019		
April 23, 2019		
April 24, 2019		
April 25, 2019		
April 26, 2019		
April 27, 2019		
April 28, 2019		
April 29, 2019		

The form shall be sent to awc2019@163.com **before March 10th, 2019!**

President or General Secretary

Name:

Date:

Signature: _____

2019 ASIAN WEIGHTLIFTING CHAMPIONSHIPS

April 18th to 28th, 2019 Ningbo, China

VISA INVITATION APPLICATION FORM

Name of Federation/Association: _____

contact person and email: _____

*Please enter the passport information below and return it together with **passport copies** before **March 10th, 2019** to awcinvi@163.com*

Note: Visa should be applied in respective Chinese Embassy before coming to China.

No	Family Name	First Name	Gender	Date of Birth (YYYY-MM-DD)	Nationality	Passport Number	Passport Expiration date (YYYY-MM-DD)	Position	In which Embassy to apply for Chinese visa (City, Country)

Date: _____

Name of President: _____

Stamp and Signature of President: _____